

# TE Recovery

## House Rules

General House Rules/Requirements/Guidelines: You are in a Recovery Residence. Your success and continuance in this environment is dependent upon your consistent good behavior and cooperation. Disruptive and/or discourteous behavior will not be tolerated. Any contact with Illicit drugs and/or alcohol and/or violation of any of the following rules may result in dismissal. Your initials and signature indicate your understanding and agreement to abide by these rules.

\_\_\_ Consumption or possession of alcohol in any form is strictly prohibited.

\_\_\_ Use or possession of illicit drugs in any form is strictly prohibited.

\_\_\_ Use and/or possession of drugs and/or alcohol on site will result in immediate dismissal.

\_\_\_ Lying, cheating and stealing are strictly prohibited. If caught, will result in immediate dismissal.

\_\_\_ Residents are required to submit to a drug and alcohol test at any time as per request. A refusal and/or failure to provide an adequate sample will be treated the same as a positive test result. Any attempt to cheat/circumvent a test will result in a dismissal.

\_\_\_ Daily attendance at 12-Step meetings is strongly encouraged/recommended; the minimum daily attendance requirement is (5) per week.

\_\_\_ Residents are encouraged/recommended to maintain a Home Group.

\_\_\_ Residents are required to maintain a working relationship with a Sponsor.

\_\_\_ Residents are required to maintain employment or be going to school. If at any time a resident is/becomes unemployed or not enrolled in school and is capable of working (not injured or sick), he/she must actively seek employment from 8:00 am - 5:00 pm Monday through Friday, and is not permitted at the house during this time. A resident's employment is prohibited from interfering with their adherence to any of the other terms of this agreement.

\_\_\_ Behavior considered to be a "conflict of interest" (i.e., sponsorship, employment, dating, etc.) between residents is strictly prohibited.

\_\_\_ Smoking inside the home is strictly prohibited. Smoking is allowed at (designate area). This is a smoke free residence.

\_\_\_ Residents are responsible for their personal items/belongings. Residents are responsible for the security and safekeeping of their own personal items/belongings and are to pack and carry their items/belongings when they depart. If for any reason this does not occur, the resident may contact the House Manager regarding the retrieval/disposition of personal item/belongings. Personal items/belongings will not be stored for more than seventy-two (72) hours.

\_\_\_ Disruptive/discourteous behavior will not be tolerated and can/will result in dismissal.

\_\_\_ Overnight guests are strictly prohibited.

\_\_\_ Guests are not permitted at the house beyond curfew and are only permitted in the common areas.

\_\_\_ Guests cannot be under the influence or in possession of illicit drugs and/or alcohol.

\_\_\_ New Resident curfew is 7:00 pm every night. All others must be in by 10:00 pm Sunday through Thursday and 11:00 pm Friday and Saturday. Residents must adhere to more strict curfews when required (i.e., Parole, Probation, etc.). Failure to return to the house on time can/will result in dismissal.

\_\_\_ House quiet time is 10:00pm to 5:00am. Any activity (i.e., Lights, TV, Telephone conversations, etc.) that disturb another resident's ability to sleep/rest is prohibited.

\_\_\_ House Meetings are held weekly at date/time determined by House Manager and are mandatory for every resident.

\_\_\_ Overnight/weekend passes are to be submitted to the House Manager a minimum of one week in advance. Authorization will be granted at the discretion of the House Manager.

\_\_\_ Residents are not permitted in any bedroom other than their own without permission from the resident(s) residing in that room; they must also be accompanied by the permitting resident.

\_\_\_ Thermostat is to be adjusted by the House Manager only.

\_\_\_ Chores are required to be completed daily. The House Manager is responsible for chore assignment and completion. Failure to complete assigned chores can result in dismissal.

\_\_\_ A good general clean-up of all areas inside and outside the home is required at all times.

\_\_\_ Beds are required to be made upon awakening. Respective areas are to be kept neat, clean and picked up at all times.

\_\_\_ Animals are NOT allowed due to other participant allergy concerns, flea infestations, sanitary issues or the general safety of others. Service animals may be accepted ONLY with legitimate documentation, though if any of the concerns listed above prevail, a request for a service animal can be denied.

\_\_\_ Turn off lights, TV's, radios, fans, etc., when not in use.

\_\_\_ Residents are required AT ALL TIMES to wear appropriate dress in common areas.

\_\_\_ Sleeping by guests or residents in common areas is prohibited.

\_\_\_ Kitchen appliances, counter-tops, utensils, dishes, pots, pans, etc. will be cleaned and returned to their respective place (immediately) after each use.

\_\_\_ Refrigerator – All food must always be covered or be put in a storage container.

\_\_\_ All prescribed medication(s)/controlled substances will be stored in a locked container and identified to the House Manager. Any resident using any prescribed medication/controlled substance unknown to the House Manager or exceeding doses of prescribed medication/controlled substances will be dismissed.

\_\_\_ \* Knives, Guns, Tasers, Brass knuckles, etc. are not permitted AT ANY TIME! If found, items will be removed and dismissal may be issued.

\_\_\_ \*House Manager (staff) may inspect in and around bedroom property or belongings at any time and within reason, for the safety and protection of all residents.

\_\_\_ \*Residents will take responsibility for their own health and respect the health and safety needs of all other residents and will take precautions (hand washing, extra cleaning of surfaces, limiting interaction with other residents, appointment with a physician if necessary) when aware of or experiencing exposure to bodily fluids and communicable diseases.

\_\_\_ \*Residents agree to each of the following (check all that apply):

Work, go to school, or volunteer outside of the residence

Participate in mutual aid or caregiving

Participate in social, physical or creative activities

Participate in daily or weekly community activities

Resident Name \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

House Manager/Staff Member \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*\*Required for National Alliance of Recovery Residence Standards compliance.*